

Do not dwell in the past, do not dream of the future, concentrate the mind on the present moment.

Gautama Buddha

Yesterday I was clever, so I wanted to change the world. Today I am wise, so I am changing myself.

Rumi

The Self is the one Reality that always exists, and it is by the light of the Self that all other things are seen.

Ramana Maharshi

Knowing others is intelligence; knowing yourself is true wisdom. Mastering others is manifestation of outer strength; mastering yourself is true inner power.

Laozi

The answer lies within ourselves. If we can't find peace and happiness there, it's not going to come from the outside.

Tenzin Palmo

Once seeing past illusion, consciousness can transcend further, into the magnificence of the eternal soul.

Monique Rebelle

As you awaken to your divine nature, you'll begin to appreciate beauty in everything you see, touch and experience.

Wayne Dyer

All the gods, all the heavens, all the hells, are within you.

Joseph Campbell

You may go on reading any number of books on Meditation. They can only tell you 'Realize the Self'. The Self cannot be found in books. You have to find it for yourself in yourself.

Ramana Maharshi

Soul exists in the sixth chakra realm. Your soul is your master. It creates your person and gives you the challenges that you own until they can be transcended. This means that we create ourselves and in that way we are completely responsible for our lives.

Through self-inquiry each soul can accomplish its mission more efficiently.

Monique Rebelle

You don't have a soul. You are a Soul. You have a body.

C. S. Lewis

With our thoughts we make the world.

Gautama Buddha

The invariable mark of wisdom is to see the miraculous in the common.

Ralph Waldo Emerson

There is no reaching the Self. If Self were to be reached, it would mean that the Self is not here and now but that it is yet to be obtained. What is got afresh will also be lost. So it will be impermanent. What is not permanent is not worth striving for. So I say the Self is not reached. You are the Self; you are already That.

Ramana Maharshi

Once you make a decision the universe conspires to make it happen.

Ralph Waldo Emerson

The intuitive mind is a sacred gift.

Albert Einstein

Our scientific power has outrun our spiritual power. We have guided missiles and misguided men.

Martin Luther King, Jr.

“Through inner work on ourselves we can advance as beings and our troubles, and the troubles of the rest of the world will keep diminishing as a result.”

Monique Rebelle

